

OUR FITNESS CHALLENGE CAN CHANGE YOUR LIFE. FOR GOOD.

CATZ is giving you the chance to take advantage of Boston's best trainers at a value that you can't get at any other gym or training facility. Join our New Year's Challenge and transform your body in just 2 months! Transform yourself in 2012, and make it your healthiest year yet.

This program is the perfect way to kick-start your fitness efforts in 2012 and is great for anyone looking to shed those pounds they gained during the holidays.

WE MOTIVATE YOU. WE HELP YOU SET GOALS. WE SHOW YOU EXACTLY WHAT TO DO. AND WE HELP YOU STAY ACCOUNTABLE!

If you have struggled in the past finding the motivation to lose weight or the right program to get you results, then this challenge is the perfect opportunity to change all that. Even if you are already in shape, this challenge will help take you to the next level.

INCLUDED IN THE PROGRAM:

- Unlimited training for 8 weeks with Boston's best personal trainers
- Pre & Post Assessments and Goal Session / Consultation
- Step by Step Diet Plans, Shopping Lists & Complete Nutrition Support
- Nutrition Guide & 8 week diet log/journal
- CATZ Under Armour T-shirt (given at the end so it fits your NEW size!)
- And MOST IMPORTANTLY - a tremendous amount of encouragement and support!



Jimbo Mastropietro after 2 months working with CATZ, down 12 pants sizes from a 56" to a 44" inch waist.



All of these benefits usually come at a tremendous fee at other facilities, but what's so unique about CATZ's New's Year Challenge is that you get all of the above at an unprecedented value.

If this sounds like the type of challenge that is exactly what you need to get your health and fitness on the right path, then pick up the phone and call 978-658-4220 to get all the program details and to secure your spot.

Here's a little more motivation: If you stay the course with the program and you accomplish all of your goals laid out for you, the entire program ends up being FREE! When you call us for more details, we'll tell how to take advantage of this unique offer.

We are limiting enrollment to just 50 people so we can properly test and administer the program. The program starts on Monday, 1/23 and you must be registered no later than Friday 1/20. You will never get a better opportunity. So don't miss the best chance you'll ever have to get in shape for life, call 978-658-4220 and register today!



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