

OUR CATZ BIRTHDAY PARTY COACHES

BRE

Bre grew up in Indiana, PA where she played basketball and ran track & field. As a child she enjoyed eating grass and dog food. Since then every time she takes a shot of wheatgrass it reminds her of home. Her favorite movie is *Ten Things I Hate About You* and she loves to eat shrimp.

CAMERON

As a kid, Cameron played baseball, basketball, and soccer. He is a Performance Coach at CATZ where he helps people of all ages lead healthy active lives. His favorite movie is *Happy Feet* and he is still scared by *The Wizard of Oz*. He enjoys eating chocolate-covered crickets (lots of protein) and claims to make the world's best S'more.

KAARON

Kaaron was born and raised in L.A. where he lettered in baseball, football & track. He went on to Cal Poly San Luis Obispo where he played football for two years and became a five time All-American in track & field. Since then, Kaaron has competed professionally around the world in track & field representing the USA. Once while Climbing Half Dome in Yosemite National Park, Kaaron nearly fell off the mountain when both his calves and his right arm cramped up. Luckily he had his left arm for support!

MATT

Matt played soccer, basketball, baseball, football, AND ran track & field while growing up. He once took a soccer ball to the face and was so dizzy that he walked off the field and sat on the bench of the opposing team! In addition to his job as Performance Director at CATZ, Matt is the assistant Men's soccer coach at Claremont McKenna College and the Head Coach of the LAFC GU15 soccer team.

MIKE

Mike played baseball, soccer, football and participated in track & field while growing up. After completing his BS in Health Science at Cal State Northridge in 2004 he spent two years in Yokohama Japan before returning to the US and joining CATZ in 2006. Mike once went to IN-N-OUT and ordered a 20x20 (20 patties and 20 pieces of cheese)...and ate it in 10 minutes!